

# Menu

21.1.2019-25.1.2019

## Monday

### Vegetarian

Spicy vegetable and potato casserole (\*, A, G, L)

### Non-vegetarian

Tuna sauce with cheese (\*, A, G, L)

Whole grain organic pasta (\*, A, L, M, Veg)

## Tuesday

### Vegetarian

Beetroot and kale lasagnette (A, L)

### Non-vegetarian

Boiled frankfurters (pork) (G, L, M)

Mashed potatoes (\*, A, G, L)

## Wednesday

### Vegetarian

Quorn fillet (A, L)

Chili and sour cream sauce (A, G, L)

Potato wedges (G, L, M, Veg)

### Non-vegetarian

Beef sauce (\*, A, G, L)

Potato wedges (G, L, M, Veg)

## Thursday

## Friday

### Vegetarian

Vegetarian filling (\*, G, L, M, Veg, VS)

Wheat tortilla (A, L, M, Veg)

Rice (G, L, M, Veg)

### Non-vegetarian

Minced beef filling (\*, G, L, M, VS)

Wheat tortilla (A, L, M, Veg)

Rice (G, L, M, Veg)

## Enjoy your meal!

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VL = Low in lactose

L = Lactose-free

G = Gluten-free

M = Milk-free

\* = Feel well

A = Contains allergen

Veg = Vegan food

VS = Contains fresh garlic