

# Menu

7.1.2019-11.1.2019

## Monday

### Vegetarian

Bean and pesto lasagnette (A, L)

### Non-vegetarian

Chicken Kung Po (\*, A, G, L, M, VS)

Rice (G, L, M, Veg)

## Tuesday

### Vegetarian

Chickpea and sweet potato casserole (\*, A, G, L, M, Veg, VS)

Boiled potatoes (\*, G, L, M, Veg)

### Non-vegetarian

Minced meat patties (pork & beef) (A, L, M)

Tomato sauce (\*, A, G, L)

Boiled potatoes (\*, G, L, M, Veg)

## Wednesday

### Vegetarian

Vegetable patties (\*, G, L, M, Veg)

Herb and sour cream sauce (A, G, L)

Boiled potatoes (\*, G, L, M, Veg)

### Non-vegetarian

Tuna and pasta casserole (\*, A, L)

## Thursday

### Vegetarian

Vegan potato and root vegetable pan (\*, A, L, M, Veg)

### Non-vegetarian

Turkey and cheese sauce (\*, A, G, L)

Whole grain organic pasta (\*, A, L, M, Veg)

## Friday

### Vegetarian

Quorn in tomato and vegetable sauce (\*, A, G, L, M, VS)

Mashed potatoes (\*, A, G, L)

### Non-vegetarian

Oven-baked sausage (pork) (A, G, L, M)

Mashed potatoes (\*, A, G, L)

## Enjoy your meal!

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VL = Low in lactose

L = Lactose-free

G = Gluten-free

M = Milk-free

\* = Feel well

A = Contains allergen

Veg = Vegan food

VS = Contains fresh garlic