

Monday

Vegetarian

Vegetable and soy Bolognese (*, A, G, L, M, Veg)
Pasta (A, L, M, Veg)

Non-vegetarian

Bolognese sauce (beef) (*, A, G, L, M, VS)
Pasta (A, L, M, Veg)

Tuesday VEGETARIAN DAY

Spinach crêpes (A, L)
Lingonberry jam (G, L, M, Veg)
Boiled potatoes (*, G, L, M, Veg)
Quorn and vegetable stew (A, L)
Boiled potatoes (*, G, L, M, Veg)

Dessert

Strawberry curd dessert (A, G, L)

Wednesday

Vegetarian

Cheese and vegetable stew (*, A, G, L)
Rice (G, L, M, Veg)

Non-vegetarian

Chicken drumsticks (G, L, M)
Chili and sour cream sauce (A, G, L)
Rice (G, L, M, Veg)

Thursday

Vegetarian

Falafels (G, L, M, Veg, VS)
Tomato sauce (*, A, G, L)
Potato wedges (G, L, M, Veg)

Non-vegetarian

Meatballs (pork & beef) (A, L, M)
Tomato sauce (*, A, G, L)
Potato wedges (G, L, M, Veg)

Friday

Vegetarian

Carrot rissoles (A, G, L, M, Veg)
Curry and sour cream sauce (A, G, L)
Rice (G, L, M, Veg)

Non-vegetarian

Chicken nuggets (A, L, M)
Curry and sour cream sauce (A, G, L)
Rice (G, L, M, Veg)

Enjoy your meal!

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VL = Low in lactose

L = Lactose-free

G = Gluten-free

M = Milk-free

* = Feel well

A = Contains allergen

Veg = Vegan food

VS = Contains fresh garlic